**THIS IS A SAMPLE FORM: REVIEW AND REVISE AS NEEDED.**

**-Replace this box with your letterhead.**

**-Increase font size as needed.**

Contact Lens Prescription Request (Sample Letter)

This letter is a Denial of a contact lens prescription request by the patient.

The patient has been examined and/or fitted for contact lenses, but needs

additional care to confirm the prescription.

Version 10/5/2020

(DATE)

Dear (Patient):

You have requested a copy of your contact lens prescription based on an initial examination [and/or] contact lens fitting. [*Or* We have received a request from \_\_\_\_\_ for a copy of – or a request to verify – your prescription for contact lenses.]

For the health of your eyes, I am unable to provide you with a prescription for contact lenses at this time. [Or … I am unable to provide \_\_\_\_\_\_ a copy of – or a verification of – your prescription for contact lenses.] However, after we have completed your medically necessary follow-up examination, I would be happy to provide you with your contact lens prescription.

It is important that you understand the differences between a spectacle prescription and a contact lens prescription. It is usually possible to arrive at a valid eyeglass prescription at the completion of the initial eye examination. However, the initial eye examination does not include the additional testing and diagnostic lens fitting evaluation necessary to determine an appropriate contact lens prescription. Follow-up exams are necessary because lens design modifications may be needed before I can arrive at a final contact lens prescription.

In addition, there are eye conditions that may keep you from wearing contact lenses. These conditions may only be discovered during follow-up exams. Some of the conditions that might keep you from wearing contact lenses are: frequent eye infections, severe allergies, and dry eye (improper tear film). An ophthalmologist is the physician specialist who can diagnose and treat conditions that may prevent optimal contact lens wear.

There are also certain environmental conditions or personal practices revealed during follow-up exams that may prevent you from wearing contact lenses, such as a work environment that is very dusty or dirty or your improper handling and care of the lenses. An important aspect of contact lens wear is learning how to properly wear the lenses and how to disinfect and clean them. Even if you have worn contact lenses before, it is important for my office to evaluate or reevaluate your proper handling and care of the lenses. We can also advise you regarding the use of appropriate cosmetics. Improper use of cosmetics can lead to eye irritation as well as infection.

Thank you for your understanding. We strive to provide you with the best possible eye care.

Sincerely,

, M.D.