**THIS IS A SAMPLE FORM: REVIEW AND REVISE AS NEEDED.**

**Replace this section with your letterhead.**

**Increase font size for large print as needed.**

Version 8/4/20

**Kenalog (triamcinolone acetonide)**

Ophthalmologists (eye surgeons) treat some types of eye problems with a steroid medication called Kenalog (triamcinolone acetonide). Kenalog can help decrease vision loss due to 2 types of eye problems:

1. The growth of harmful blood vessels in your eyes
2. Swelling in the back of the eye (macular edema)

**When ophthalmologists treat eye problems Kenalog, this use is considered “off-label.”** That means the U.S. Food and Drug Administration (FDA) did not approve Kenalog for injections inside the eye. Ophthalmologists use Kenalog off-label inside the eye because they have found it can help slow the growth of harmful eye blood vessels and lessen swelling that decreases vision.

**Kenalog is given by an injection (shot) into the back of your eye.** The ophthalmologist may put eye drops to enlarge the pupil (black circle) in the center of your eye to see the back of your eye clearly. Next, the ophthalmologist will numb your eye as much as possible so that you do not feel any pain. Then the ophthalmologist injects Kenalog into the back part of your eye. Some patients need more than one injection. Your ophthalmologist will tell you if you need another injection.

**You may have some minor problems right after the injection.**

* Your vision might be blurry right after the injection. Do not drive or use machines until your vision gets better.
* Your eye may be irritated and make a lot of tears for a few hours.
* The white part of your eye might turn bright red. This is from a small amount of bleeding on the surface of your eye. It will not change how well you see. This will clear up in a few days or a week.
* You might see small specks called floaters. Many people already have floaters. These new floaters may go away in a few days, or you may stop noticing them. Some floaters are drops of the oil that lubricates the syringe. These will not go away.

**Tell the ophthalmologist right away if you notice any other problems after the injection such as:**

* Eye pain, blurry or decreased vision, extra sensitivity to light, eye redness, and pus or other discharge coming from the eye.
* New or large floaters that do not go away.
* Flashing lights or decreased side vision with the floaters.

You can help prevent or reduce these problems. Do not rub your eyes or go swimming for 3 days after each injection. Call your ophthalmologist right away if you notice any of these problems.

**Benefits (how this medication can help).** The goal of using Kenalog for eye problems is to prevent more vision loss. Kenalog may not bring back vision loss that happened before treatment.

**Alternatives (choices and options).** Kenalog is not the only option. Your other treatment choices may include:

* No treatment. If you decide not to have treatment, your eye problems can quickly get worse. You could have more vision loss or even blindness.
* Other medications approved by the FDA for treating your type of eye problem.
* Other medications approved by the FDA for a different condition that help slow the growth of harmful eye blood vessels and lessen swelling. Your ophthalmologist will tell you about the risks and benefits of these medications.

**Risks (problems this medication may cause).** As with all medications, there are risks from getting Kenalog injections in the eye. These risks can cause vision loss or blindness. While your ophthalmologist cannot tell you about every risk, here are some of the most common or serious:

* Kenalog might not improve your vision.
* Your vision may get worse.
* Kenalog injections can cause other eye problems such as:
  + An eye infection
  + Detached retina (the light-sensitive part of the back of your eye might get pulled off)
  + Cataracts (clouding of the eye’s lens)
  + Glaucoma (increased eye pressure)
  + Hypotony (reduced eye pressure)
  + Retina or cornea damage
  + Bleeding within the eye
  + Inflammation inside the eye that can cause vision loss, pain, or redness
* Eye problems from Kenalog can appear days, weeks, or months after your injection. The costs to treat these are not included in the fee you pay for the Kenalog injection.

**By signing below, you consent (agree) that:**

* You read this informed consent form or had it read to you.
* You were told you have harmful blood vessels or swelling in the back of your eye.
* Your questions about using Kenalog to treat this eye problem were answered.
* You were told that use of a Kenalog injection inside the eye is off-label.
* You consent to have the ophthalmologist inject Kenalog into your \_\_\_\_\_\_\_\_\_\_\_ (“right,” “left”, or “both”) eye(s).

Patient (or person authorized to sign for patient) Date